

## WHEN TO KEEP A CHILD AT HOME



It is your responsibility as primary care giver, to make sure your child comes to school healthy & well. We ask that you please use good judgment & make sure your child stays at home and does not attend school if unwell. Here is a list of common childhood illnesses. Thank you for your cooperation.

- FEVER** A temperature higher than the normal body temperature of 98.6. Child can only return when fever has subsided.
- FLU** The symptoms are regular flu like: runny nose, nausea, vomiting, diarrhea, sore throat.
- HAND FOOT & MOUTH** A viral disease easily spread through direct contact; very common with young children. Fever, sores and blisters on tongue, gums and cheeks, rash/blisters on palms and bottom of feet. **Child may not attend school until symptoms have disappeared. Child will be readmitted only with a release from a medical doctor.**
- CONJUNCTIVITIS** An eye infection commonly referred to as pink eye. The eye is generally red with some burning and/or itching and there is a yellow secretion  
**Child will be readmitted only with a release from a medical doctor.**
- BRONCHITIS** Begins with voice hoarseness, cough, and slight elevation in body temperature. The cough may be dry and painful and gradually becomes productive.
- DIARRHEA** Watery or greenish bowel movement that occurs more frequently than usual. (maybe infectious). If a child is sent home from school due to diarrhea, child must rest for a full 24 hour period before returning to school. **Child may not attend school the very next day.**
- VOMITING** This may be a sign of an upset stomach, or of something more serious. Please consult doctor.
- ANTIBIOTICS** If a child is prescribed an antibiotic medication, **child should not attend school until medication has been taken for a full 24 hour period.**
- SKIN RASHES** Any rashes that have not been identified or diagnosed by a physician.  
**Child will be readmitted only with a release from a medical doctor.**
- IMPETIGO** A skin disease that shows up as red pimples. These become small blisters surrounded by a reddened area. When blisters break, the surface is raw and weeping. Lesions most commonly occur in moist areas of the body such as the creases of the neck or groin, under the arms, elbows & knee joints, as well as on the face. This is a very contagious condition.  
**Child will be readmitted only with a release from a medical doctor.**
- STREP THROAT** A condition of a very inflamed throat. Swallowing becomes difficult and a cough may persist.  
**It is contagious and child will be readmitted only with a release from a medical doctor.**
- CONTAGIOUS DISEASES** German measles, chicken pox, mumps, roseola, fifth's disease & other common diseases  
Child must be kept home until no longer contagious.  
**Child will be readmitted only with a written release from a medical doctor.**
- SEVERE COLD WITH FEVER, SNEEZING, NOSE DRAINAGE AND/OR PERSISTENT COUGHING**  
It is recommended that children stay at home if experiencing any of the above symptoms.

### **MEDICATIONS AT SCHOOL**

- If a child needs to take medication at school, a **Medication Form** must be completed by parents and given to child's teacher together with the medication.
- Please inform the teacher if medication needs to be refrigerated.
- Please do **NOT** send any medications to school in your child's lunch box or back pack.
- If your child needs an Inhaler/Nebulizer/Epipen, we suggest that one be kept at school.
- For medical devices kept at school, appropriate forms must be completed. Please visit the office.

***We sincerely appreciate your cooperation in ensuring all children at school everyday are healthy.***